**Unit 2 How often do you exercise?**

**Listening test part (共25分)略**

**Written test part (共95分)**

**Ⅴ. 单项选择（每小题1分，共15分）**

从A、B、C、D四个选项中选择可以填入空白处的最佳答案。

(    )21. I’m sure you will be a good musician \_\_\_\_\_\_\_ hard work.

A. from   B. with   C. for    D. through

(    )22. —Do you like *Animal World* ?

—Yes, it’s one of my favorite \_\_\_\_\_\_\_ and I often watch it on TV.

A. programs      B. subjects     C. newspapers         D. books

(    )23. —What was the \_\_\_\_\_\_\_ of the girls’ 100-meter race yesterday?

—Alice got the first place.

A. rule               B. problem     C. result            D. time

(    )24. Today is quite \_\_\_\_\_\_\_ for me. I have to help my mother with housework

and I have lots of homework to do.

A. interesting    B. full      C. free                    D. easy

(    )25. Mrs. Green has three sons, but \_\_\_\_\_\_\_ of them live with her.

A. some      B. any         C. all   D. none

(    )26.—Miss Chen is popular at school.

—Yes. Her classes are \_\_\_\_\_\_\_ interesting and we all like her.

A. never           B. always      C. sometimes           D. hardly ever

(    )27. Could you please speak slowly? I can \_\_\_\_\_\_\_ follow you.

A. hardly       B. often C. just  D. almost

(    )28. Lisa still wanted to try paragliding, \_\_\_\_\_\_\_ she was afraid.

A. or           B. and    C. because            D. although

(    )29. Mom, I want you \_\_\_\_\_\_\_ at home and be with me today.

A. stay  B. to stay C. stays D. staying

(    )30.My father was busy last month. He \_\_\_\_\_\_\_ time to eat breakfast and always

\_\_\_\_\_\_\_ back home late.

A. doesn’t have; comes       B. doesn’t have; came

C. didn’t have; comes        D. didn’t have; came

(    )31.—\_\_\_\_\_\_\_ do you have piano lessons?

—Every Sunday afternoon.

A. How long          B. How far C. How often   D. How much

(    )32. —Mary, what percent of the students in your school \_\_\_\_\_\_\_ bikes to

school?

—About 20%.

A. rides        B. rode   C. ride  D. is riding

(    )33. If you keep feeding fish much food, they will \_\_\_\_\_\_\_ soon.

A. die        B. wait         C. leave D. sleep

(    )34. You lost, but \_\_\_\_\_\_\_ you tried your best.

A. at most              B. at least C. in the end      D. all in all

(    )35.—Wang Na cannot speak a word of English.

—\_\_\_\_\_\_\_ She spent three years in England.

A. I see.          B. How come? C. I think so.     D. How’s it going?

**Ⅵ. 完形填空（每小题1分，共10分）**

先通读下面的短文，掌握其大意，然后从A、B、C、D四个选项中选择可以填入空白处的最佳答案。

There was an old man in our neighborhood. He looked  36  because he never talked to anyone. Every morning he ran around the neighborhood.  37  he ran, he picked up garbage (捡垃圾).

One day, we heard that the old man had a car accident (车祸) when he was picking up garbage. He would have to spend some time in the  38 . We also learned that he could not speak English very well and that was why he didn’t  39  anyone.

One of our teachers wanted to do something. She told the old man’s  40  to a newspaper. A reporter (记者) visited the old man and wrote about  41 . His name was Mr. Polanski. In the country where Mr. Polanski grew up, there was  42  no garbage on the street. So when he first saw garbage in our neighborhood, he felt bad. He wanted to help clean up the neighborhood so he could be  43  in this new country.

Later, our school  44  that we would have a run in the winter to pick up garbage, just as Mr. Polanski did. We called it the “Polanski Run”. That day, Mr. Polanski ran in front, and hundreds of students  45 . We ran around the neighborhood in groups, picking up garbage and putting it in bags.

(    )36. A. slow          B. natural       C. smart               D. quiet

(    )37. A. As            B. If    C. So                   D. Because

(    )38. A. hotel        B. school     C. museum          D. hospital

(    )39. A. wake up  B. think of    C. talk to        D. listen to

(    )40. A. job          B. trip        C. story             D. idea

(    )41. A. them          B. it               C. her             D. him

(    )42. A. almost        B. soon        C. still                 D. also

(    )43. A. tidy        B. lucky        C. happy               D. healthy

(    )44. A. asked      B. decided     C. learned           D. remembered

(    )45. A. turned        B. followed    C. left              D. met

**Ⅶ. 情景交际（每小题1分，共5分）**

根据对话内容，从方框中选择恰当的选项补全对话，其中有两项多余。

A: Hey, Joe. (46)\_\_\_\_\_\_\_

B: My favorite sport is tennis. What about you?

A: I like tennis, too. (47)\_\_\_\_\_\_\_

B: I play it with my father. He is good at it.

A: (48)\_\_\_\_\_\_\_

B: We play tennis every weekend.

A: Oh, it’s really a good habit. (49)\_\_\_\_\_\_\_

B: For about two hours. Tomorrow is Saturday. (50)\_\_\_\_\_\_\_

A: Sure.

B: OK. Let’s meet at my home.

|  |
| --- |
| A. Do you like sports?  B. What’s your favorite sport?  C. How often do you play tennis?  D. Who do you usually play with?  E. Would you like to play with us?  F. When do you usually play tennis?  G. How long do you play every time? |

**Ⅷ. 阅读理解（每小题2分，共20分）**

**[A]**

**Thursday 10th September**

Today we walked in the rainforest with our guides. Wow! It was great. The trees are really tall here. There are a lot of beautiful birds in them. I saw black and yellow toucans (巨嘴鸟) and big red and green parrots (鹦鹉). I also saw the biggest bird in the rainforest, the Black Guan. It’s black, but it has a blue face and red legs.

In the evening, we sat next to a campfire. The guides cooked us rice and fish. The food was really delicious. We talked about the rainforest.

**Friday 11th September**

Today we got up early. Then we went boating on the Tenorio River. We saw more birds and also some monkeys in the trees. The monkeys are called howler monkeys. They are big and black or brown. They are also very noisy! We saw some baby crocodiles (鳄鱼), too. They are not big but very scary, so we didn’t stay there long!

In the evening, we had porridge and pancakes and we ate some fruit. We talked about the crocodiles!

Tomorrow we’re going to a volcano (火山)! It’s called Arenal and I can’t wait!

根据材料内容选择最佳答案。

(    )51. What color are toucans?

A. Red and green.       B. Blue and red.

C. Black and yellow.     D. Black and brown.

(    )52. What did the writer eat on the evening of 10th September?

A. Rice and fruit.     B. Rice and fish.

C. Pancakes and fruit.    D. Porridge and pancakes.

(    )53. What does the writer think of howler monkeys?

A. Small.         B. Scary.     C. Noisy.          D. Beautiful.

(    )54. On 12th September the writer will \_\_\_\_\_\_.

A. go boating              B. visit a volcano

C. go to see crocodiles   D. walk in the rainforest

(    )55. The material may be from a \_\_\_\_\_\_.

A. diary            B. storybook   C. dictionary      D. newspaper

**[B]**

How does the world spend its free time? Let’s have a look.

**Internet**

People from Canada spend about 43.5 hours online every week, 8 hours longer than (比……长) Americans. Canada has long cold winters so people spend lots of time at home.

**Outdoors**(户外)

People from New Zealand spend most of their free time outdoors. The countryside is great for mountain climbing and water sports.

**Bars**(酒吧)

Spain has a lot of bars. In Spain, a bar is for families, not just drinkers. It’s a meeting place and often an eating place. When none of your family or friends are available, you can still go to a bar by yourself. People around you in the bar may ask you to join them.

**Museums**

The UK has six of the top 20 most visited museums in the world, such as the National Gallery, the British Museum and Tate Modern.

**Parties**

As for parties, most people will think of Brazil. Its carnival (狂欢节) is famous all around the world. Bangkok and Berlin are two of the best cities for partying. In Bangkok, you can meet friendly people and visit great nightclubs. In Berlin, you can enjoy beautiful music on the streets.

**Exercising**

In Greece and Estonia, over 80 percent of people exercise every day. The Olympic sports are very popular in these two countries, but Estonia has a very special game: ice cricket (冰上板球)!

根据材料内容选择最佳答案。

(    )56.  How long do Americans spend online every week?

A. About 35.5 hours.    B. About 43.5 hours.

C. About 51.5 hours.     D. About 59.5 hours.

(    )57.  How do people from New Zealand spend most of their free time?

A. Having parties. B. Visiting museums.

C. Using the Internet.       D. Doing outdoor activities.

(    )58. What does the underlined word “available” mean?

A. Quick.             B. Free. C. Popular.           D. Funny.

(    )59. More than 80 percent of people from \_\_\_\_\_\_ exercise every day.

A. Spain  B. the UK      C. Greece D. Canada

(    )60. What do we know from the material?

A. The weather in Canada is terrible.

B. Tate Modern is a museum in the UK.

C. People from Brazil often play ice cricket.

D. People can enjoy music on the streets in Bangkok.

**Ⅸ. 词汇运用（每小题1分，共10分）**

A)     根据句意，从方框中选择恰当的单词填空，注意形式变化。

|  |
| --- |
| television, Internet, write, point, coffee |

61. We need to get another four \_\_\_\_\_\_\_ to win (赢得) the game.

62. Sam is a(n) \_\_\_\_\_\_\_. I like most of his short stories.

63. There are two big color \_\_\_\_\_\_\_ at my home. One is in the living room and the other is in my room.

64. My father drinks two cups of \_\_\_\_\_\_\_ a day.

65. You can easily talk with people all over the world by the \_\_\_\_\_\_\_.

B) 根据句意及所给首字母提示，补全所缺单词。

66. M              Rick likes black, but I’m not sure.

67. Jim wants to buy a car. H             , he doesn’t have enough money.

68. I like reading newspapers and m              very much.

69. Helen likes shopping o             . She thinks it’s easy to buy things and can also save time.

70. Good eating habits can help to keep your b             healthy.

**Ⅹ. 完成句子（每小题2分，共10分）**

根据汉语意思，完成英语句子，每空一词。

71. 我的牙齿有问题，所以我昨天下午去看牙医了。

There was something wrong with my teeth, so I \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ yesterday afternoon.

72. 他在北京待了不到一周。

He stayed in Beijing for \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ a week.

73. Tony买了一些土豆之类的蔬菜。

Tony bought some vegetables \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ potatoes.

74. John一周锻炼三到四次。

John exercises \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_.

75. 不要告诉我问题的答案，我想自己把它算出来。

Don’t tell me \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_. I want to work it out by myself.

**Ⅺ. 综合填空（每小题1分，共10分）**

阅读短文，从方框中选择恰当的词并用其适当形式填空，使短文完整、通顺。每词限用一次。

|  |
| --- |
| feel, but, school, find, write, together, they, busy, housework, play |

I’m Zhou Weiran, an eighth grader. Last term was so special. (76)\_\_\_\_\_\_\_\_ closed (关闭) because of the disease (疾病) — COVID-19, and we had to stay at home.

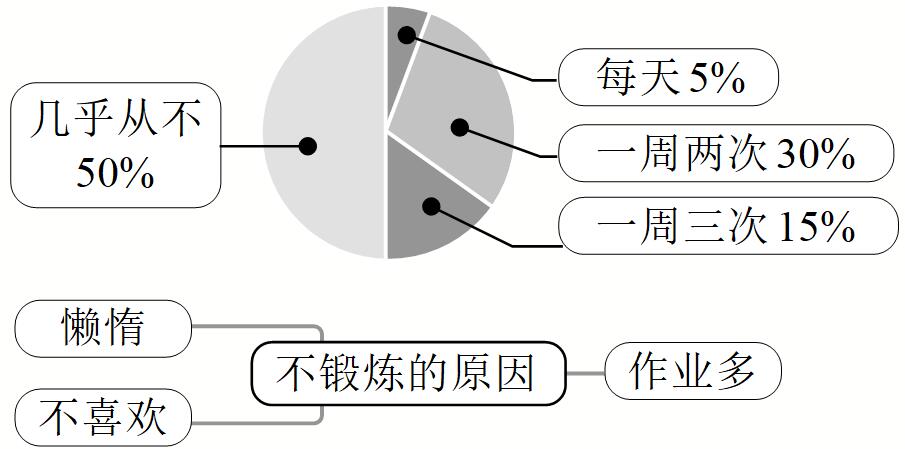
Different groups in the country worked (77)\_\_\_\_\_\_\_\_ to fight the disease. They did a great job. As a kid, I think I did something great too. I washed my hands often and stopped (78)\_\_\_\_\_\_\_\_ outside. They were small but important things. I also (79)\_\_\_\_\_\_\_\_ a letter (信) to doctors working in a hospital. I thanked (80)\_\_\_\_\_\_\_\_ for trying to make things better. I thought my letter could make them (81)\_\_\_\_\_\_\_\_ happy.

My parents needed to work from home. So I helped them do (82)\_\_\_\_\_\_\_\_ every day, like doing the dishes and cleaning up the house. I couldn’t go out, and sometimes I felt bored. But I tried (83)\_\_\_\_\_\_\_\_ something to do to make me happy. I had fun doing art and reading books. My sister was only five years old. When my parents were (84)\_\_\_\_\_\_\_\_, I read to her and played with her.

That was a hard time for everyone, (85)\_\_\_\_\_\_\_\_ it was great to know that everyone is important and everyone can help. I think working together is the best way to fight a big disease.

**Ⅻ. 书面表达（15分）**

你校英语俱乐部想调查(survey)学生课外锻炼的情况，以下是你对你班同学的调查结果及原因，请你据此写一篇短文，在俱乐部交流活动中汇报你班的情况。



**内容包括：**1. 描述饼状图中的相关数据； 2. 陈述原因； 3. 表达你的观点。

**要求**： 1. 语言表达要准确，语意要通顺、连贯； 2. 词数不少于100；短文的开头已给出，但不计入总词数。

We did a survey about students’ exercising in our class yesterday. Here are the results.

**附加题（共10 分）**

Four times a week, teenager Karina Moore trains (训练) at a pool to jump from the high-diving board (高台跳水的跳板) into the water.

(1)\_\_\_\_\_\_\_ Her hotel’s pool had a high-diving board. Young people were diving off it, and it looked fun. (2)\_\_\_\_\_\_\_ After going back home, she found her favorite sports star had started diving to relax, so she decided to give it a try.

(3)\_\_\_\_\_\_\_ Soon she fell in love with the sport. She practices hard because she dreams of being the best diver in her city.

“I train 20 hours a week,” says Karina. “And I won’t say it’s easy. You have to enjoy it to spend so much time doing it! (4)\_\_\_\_\_\_\_ They drive me to the pool early in the morning, and it takes lots of time and money. All they do for me makes me want to work harder. And my schoolwork and social life (社交生活) are good. (5)\_\_\_\_\_\_\_ The only bad thing is that I can’t keep my hair long. I don’t like the rule, but I know it’s good for us divers. I’ll keep on diving and nothing will stop me!”

根据材料内容，从方框中选择合适的句子填入文中空缺处，使材料完整、通顺。

|  |
| --- |
| A. It’s not easy for my parents, either.  B. Karina didn’t join in although she was a strong swimmer.  C. Then Karina took a diving class at the pool near her home.  D. I still spend time with my friends and there’s always the phone!  E. Karina first learned about diving when she was on holiday in Spain. |

**参考答案**

Listening test part (略)

Ⅴ. 21-25 DACBD  26-30 BADBD  31-35 CCABB

Ⅵ. 36-40 DADCC  41-45 DACBB

Ⅶ. 46-50 BDCGE

Ⅷ. 51-55 CBCBA  56-60 ADBCB

Ⅸ. 61. points  62. writer   63. televisions   64. Coffee 65. Internet

66. Maybe   67. However   68. magazines   69. online  70. body

Ⅹ. 71. went to the dentist    72. less than   73. such as

74. three to four times a week   75. the answer to the question

Ⅺ. 76. Schools  77. together  78. playing  79. wrote 80. them

81. feel  82. housework  83. to find  84. busy  85. but

Ⅻ. **One possible version:**

We did a survey about students’ exercising in our class yesterday. Here are the results. 5% of the students do exercise every day, 30% of the students do exercise twice a week and 15% of them do exercise three times a week. However, half of the students hardly ever exercise. How come? Some of the students say they have so much homework that they don’t have time to do sports. Some of them don’t like playing sports at all and some are too lazy to exercise. They would like to spend time watching a movie or playing computer games in their free time.

As for me, I think we must keep doing exercise because it’s good for our mind and body. Remember: It’s never too late to start to exercise.

**附加题**

1-5 EBCAD